



# MDwise

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## Home Blood Sugar Diary

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### Topic Overview

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Name: \_\_\_\_\_

Blood sugar target range: \_\_\_\_\_ to \_\_\_\_\_.

Track your blood sugar each day.

#### Home blood sugar diary

Week of ____.	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Time (breakfast)							
Blood sugar							
Medicine							
Time (lunch)							
Blood sugar							
Medicine							
Time (dinner)							
Blood sugar							
Medicine							
Time (bed)							
Blood sugar							
Medicine							

Add any comments below.

Comments

## Credits

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**Current as of:** July 28, 2021

**Author:** Healthwise Staff

**Medical Review:**

**E. Gregory Thompson MD - Internal Medicine**

**Adam Husney MD - Family Medicine**

**Kathleen Romito MD - Family Medicine**

**Rhonda O'Brien MS, RD, CDE - Certified Diabetes Educator**

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Note: The "printer friendly" document will not contain all the information available in the online document. Some information (e.g. cross-references to other topics, definitions or medical illustrations) is only available in the online version.

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